

# Graduate Diploma of Strength and Conditioning (GSCD) - GradDipStrengthCond

You are currently viewing the 2023 Handbook. For study in 2024, please refer to the [2024 UniSQ Handbook](#).

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- Maintain satisfactory academic achievement throughout the duration of the program, consistent with the UniSQ [Student Academic Progress Procedure](#).
- Meet all mandatory course requirements including attendance of mandatory residential school requirements where this is present in courses.
- Meet the [Inherent Requirements](#) for the Graduate Diploma of Strength and Conditioning.

### **Program objectives**

- (1) Select and critically apply an evidence-based approach to strength and conditioning concepts, research and perspectives associated with current practice in high performance settings.
- (2) Critically analyse and synthesise relevant strength and conditioning principles and concepts, scientific literature, research methodology, problems and theories, and apply this knowledge

## **Inherent requirements**





Consult the Handbook on the Web at <https://www.unisq.edu.au/handbook/current> for any updates that may occur during the year.  
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**Footnotes**

# Not available S2, 2023