Graduate Diploma of Strength and Conditioning (GSCD) - GradDipStrengthCond

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You are currently viewing the 2023 Handbook. For study in 2024, please refer to the 2024 UniSQ
Handbook.

- Maintain satisfactory academic achievement throughout the duration of the program, consistent with the UniSQ Student Academic Progress Procedure.
- Meet all mandatory course requirements including attendance of mandatory residential school requirements where this is present in courses.
- Meet the Inherent Requirements for the Graduate Diploma of Strength and Conditioning.

Program objectives

- (1) Select and critically apply an evidence-based approach to strength and conditioning concepts, research and perspectives associated with current practice in high performance settings.
- (2) Critically analyse and synthesise relevant strength and conditioning principles and concepts, scientific literature, research methodology, problems and theories, and apply this kno

Inherent requirements

Coursework

Coursework courses

- SES5100 Fundamental Principles of Strength and Conditioning
- SES5101 Athlete Testing and Monitoring in Sport
- SES5102 Sports Nutrition and Supplementation for Health and Performance
- SES5103 Communication, Leadership and Negotiation in Sport
- SES5104 #
- SES5105
- SES5106 Injury Prevention and Rehabilitation for Athletes
- # Not available S2, 2023

IT requirements

For information technology requirements please refer to the minimum computing standards.

Residential schools

The attendance requirement of residential schools within this degree is indicated by the following letters: R = Recommended; HR = Highly Recommended; M = Mandatory. To find out more about residential schools, visit the Residential School Schedule to view specific dates for your degree, or visit the Policy and Procedure Library.

Students are required to attend mandatory residential schools on the Ipswich campus.

Residential school

- SES5104 #
- SES5105
- SES5106 Injury Prevention and Rehabilitation for Athletes
- # Not available S2, 2023

Articulation

Students who graduate with the Graduate Diploma of Strength and Conditioning are eligible to apply for the Master of Strength and Conditioning.

Exit points

Students may exit with a Graduate Certificate of Strength and Conditioning provided they have met the requirements within the program structure of the Graduate Certificate of Strength and Conditioning.

Credit

Exemptions/credit will be assessed based on the UniSQ Credit and Exemption Procedure.

Recommended enrolment pattern - Semester 1 entry

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Consult the Handbook on the Web at https://www.unisq.edu.au/handbook/current for any updates that may occur during the year. Graduate Diploma of Strength and Conditioning (GSCD) - GradDipStrengthCond (2023)

Footnotes

Not available S2, 2023