

# Master of Strength and Conditioning (MASC) - MStrengthCond

You are currently viewing the 2023 Handbook. For study in 2024, please refer to the [2024 UniSQ Handbook](#).

	External #
<b>Start:</b>	Trimester 1 (January) Trimester 2 (May)
<b>Fees:</b>	Domestic full fee paying place International full fee paying place
<b>Residential school:</b>	Ipswich campus (mandatory)
<b>Standard duration:</b>	2 years full-time or 4 years part-time
<b>Program articulation:</b>	From: ; <a href="#">Graduate Diploma of Strength and Conditioning</a> ; <a href="#">Graduate Certificate of Strength and Conditioning</a>

## Notes:

In 2023 the programs follows the Semester calendar. The [Academic Calendar and Important Dates](#) webpage will allow you to view and download a copy of the important dates for the Semester calendar.

## Footnotes

# Students are required to attend mandatory on-campus residential schools held at UniSQ Ipswich.

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- Maintain satisfactory academic achievement throughout the duration of the program, consistent with the UniSQ [Student Academic Progress Procedure](#).
- Meet all mandatory course requirements including attendance of mandatory residential school requirements where this is present in courses.
- Satisfactorily complete 100% of professional placement hours as specified by the [Australian Strength and Conditioning Association \(ASCA\)](#). (Please note: Students who do not satisfactorily complete and/or demonstrate unsatisfactory performance in a professional placement will need to discuss their performance with the Course Examiner in the first instance to discuss their progression plan, and/or the Program

- Completion of an Australian university three-year or four-year bachelor degree in a relevant health-related discipline with a minimum GPA > 4.5;
- OR**
- Completion of a Graduate Diploma in the area of sport and exercise science, or relevant health-related discipline with a minimum GPA > 4.5;
- OR**
- Completion of UniSQ's Graduate Diploma of Strength and Conditioning with a GPA > 4.5.
- English Language Proficiency requirements for Category 4.

All students are required to satisfy the applicable [English language requirements](#).

If students do not meet the English language requirements they may apply to study a University-approved [English language program](#). On successful completion of the English language program, students may be admitted to an award program.

### **Inherent requirements**

There are inherent requirements for this program that must be met in order to complete the program and graduate. Make sure you read and understand the [requirements](#) for this program online.

### **Requirements for professional experience placements**

Practical experience is an integral component of the Coursework Track and each student is required to undertake and satisfactorily complete 160 hours of practical experience.

Progression into practical courses is dependant upon a pass grade in theoretical and other practical courses which have been set as prerequisites. e been set as 3.732 51 T Iy28l complex04●●●●●●●●

## **Program fees**

### **Domestic full fee paying place**

Domestic full fee paying places are funded entirely through the full fees paid by the student. Full fees vary depending on the courses that are taken. Students are able to calculate the fees for a particular course via the [Course Fee Schedule](#)

Domestic full fee paying students may be eligible to defer their fees through a Government loan called [FEE-HELP](#) provided they meet the residency and citizenship requirements.

Australian citizens, Permanent Humanitarian Visa holders, Permanent Resident visa holders and New Zealand citizens who will be resident outside Australia for the duration of their program pay full tuition fees and are not eligible for [FEE-Help](#).

### **International full fee paying place**

International students pay full fees. Full fees vary depending on the courses that are taken and whether they are studied on-campus, external or online. Students are able to calculate the fees for a particular course via the [Course Fee Schedules](#).

## **Program structure**

The program consists of 16 units comprised of:

- 14 core courses; plus
  - 2 units of research courses (Research track only)
- OR**
- 2 units of coursework courses (Coursework track only)



**Research track**

- SES6300 Research Project - Strength and Conditioning I
- SES6301 Research Project - Strength and Conditioning II

**Coursework track**

- SES6400 Strength and Conditioning Practicum I
- SES6401 Strength and Conditioning Practicum II

**IT requirements**

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**Footnotes**

- # Not available S2, 2023
- + Course will be offered in 2024
- ^ Research track

**Recommended enrolment pattern - Semester 2 entry (full-time)**

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	Vb^o	Pb j	Vb^o	Pb j	Vb^o	Pb j		
<b>Plus one of the following courses</b>								
SES6300 Research Project - Strength and Conditioning I + ^			2	1,2			M	
SES6400 Strength and Conditioning Practicum I # +			2	1,2			M	

**Footnotes**

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